



SET YOUR MIND
sermon series



SET YOUR MIND

No More Anxiety!

SET YOUR MIND



An aerial, high-angle photograph of a dense urban skyline, likely New York City, showing numerous skyscrapers and buildings. The image is semi-transparent, allowing text to be overlaid. In the bottom right corner, there is a silhouette of a human head in profile, facing left. Inside the head, there is a vibrant, multi-colored rainbow and white clouds, suggesting a clear or bright mind. The text "SET YOUR MIND" is written in white, uppercase letters across the bottom of the head silhouette.

Cast all your anxiety on him because
He cares for you.

1 Peter 5:7 (NIV)

SET YOUR MIND

Search me, O God, and know my heart;
test me and know my anxious thoughts.

²⁴ Point out anything in me that offends you,
and lead me along the path of everlasting life.

Psalm 139:23-24 (NLT)



SET YOUR MIND

“That is why I tell you not to worry about everyday life – whether you have enough food and drink, or enough clothes to wear. Isn’t life more than food, and your body more than clothing? ²⁶ Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are?

²⁷ Can all your worries add a single moment to your life?

Matthew 6:25-34 (NLT)



SET YOUR MIND

²⁸ “And why worry about your clothing? Look at the lilies of the field and how they grow. They don’t work or make their clothing, ²⁹ yet Solomon in all his glory was not dressed as beautifully as they are. ³⁰ And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

Matthew 6:25-34 (NLT)



SET YOUR MIND

³¹ “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’

³² These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs.

³³ Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

³⁴ “So don’t worry about tomorrow, for tomorrow will bring its own worries.

Today’s trouble is enough for today.

Matthew 6:25-34 (NLT)



Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

⁸ And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Philippians 4:6-8 (NLT)



SET YOUR MIND

⁷ Other seed fell among thorns that grew up and choked out the tender plants so they produced no grain.

¹⁸ The seed that fell among the thorns represents others who hear God's word, ¹⁹ but all too quickly the message is crowded out by the worries of this life, the lure of wealth, and the desire for other things, so no fruit is produced.

Mark 4:7, 18-19 (NLT)



The Lord has given me a strong warning not to think like everyone else does. He said,

¹² “Don’t call everything a conspiracy, like they do, and don’t live in dread of what frightens them. ¹³ Make the Lord of Heaven’s Armies holy in your life. He is the one you should fear. He is the one who should make you tremble. ¹⁴He will keep you safe. But to Israel and Judah he will be a stone that makes people stumble, a rock that makes them fall. And for the people of Jerusalem he will be a trap and a snare.

Isaiah 8:11-14 (NLT)



SET YOUR MIND

I speak today to the fruit, the tree, and any roots of anxiety, worry, or dread that are in my soul, my mind, and my emotions. In Jesus name I am evicting you by the power of the Holy Spirit, the blood of Jesus, and the truth of God's word. I know the word of God commands me to search myself and cast my cares on Him. So today I choose to obey and cast you - anxiety, worry, and dread - out of me and into the hands of Jesus. I choose today to no longer worry about tomorrow or anything else out of my control.



SET YOUR MIND

But from today forward I choose to seek first Your kingdom above all else and set my mind and my heart on You through prayer, worship and the word of God. Through your help, Holy Spirit, in my everyday life I will fix my thoughts on things of God, not earthly things. I am good soil for God and I will no longer allow the thorns of anxiety, worry, or dread to choke out the plan of God for me. So I thank you Jesus that I am free indeed according to the promise of your word, your blood, and your Spirit.

AMEN

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A silhouette of a person's head in profile, facing left. The interior of the head is filled with a vibrant, multi-colored cloud pattern, transitioning from blue at the top to yellow and orange at the bottom. The text "SET YOUR MIND" is written in white, uppercase letters across the middle of the head's interior.